Urology Clinical Nurse Specialist

Patient information
The Urology Clinical Nurse Specialist is a registered Nurse who has specialist knowledge and experience of caring for patients with urological cancer. This includes care of patients with cancer of the bladder, prostate, kidney, testes, penis and ureters.

The Service
The service aims to offer support to you the patient, your family and carers.

With your agreement the Urology Clinical Nurse Specialist will be your key worker, taking a key role in co-ordinating your care, as well as being your main point of contact.

We are your link to the multi disciplinary team (MDT), the team of specialists responsible for working out your treatment plan.

We offer:

• Emotional and psychological support for you and your family.
• We act as your link to the hospital from diagnosis through treatment to follow up.
• Information and advice about urological cancers and there treatments for example:
  - Surgery
  - Chemotherapy
  - Hormone therapy
  - Radiotherapy
  - Active monitoring with blood tests

• Link with other staff and services concerned with your care for example
  - Sunderland Hospitals
  - Newcastle Hospitals
  - Community services
  - Department of Work and Pensions
  - Voluntary Organisations

Sometimes it can be helpful to speak to someone regarding any questions you or your family have about your diagnosis.

How to access the service
Urology Services for patients living in the South of Tyne area are centralised at City Hospitals Sunderland.

The Urology Cancer Nurse Specialist is based at South Tyneside District Hospital. Patients are usually referred by health professionals. However urology cancer patients and relatives can refer the service directly for advice and support.

When are we available
The service is available from Monday to Friday 9am to 5pm excluding bank holidays. Telephone 0191 404 1000 and ask for bleep 531 or 532 or extension 2238 (answer phone).